Sadie’s Major: Psychology and German

Program: Academic Year in Freiburg (AYF)

Most Memorable Moments: Waking up every morning, looking out my window, and seeing the Black Forest right in my backyard. Not only are there more mountains than the non-existent ones in Wisconsin, there are tons of great hiking trails and beautiful views in a very close proximity.

Academic Life: While in Freiburg I took mostly ethnology, political science, and history courses. These were great ways to learn more about the German culture and values of the country. Through some of these classes I was able to go on great trips including going to Berlin for a long weekend, and visiting the European Union Parliament building in Strasbourg, France.

Internship: During my second semester in Freiburg, I participated in an optional internship provided by my program through the Social Psychology and Methodology research department at the Freiburg campus. I wasn’t able to take any psychology classes while abroad, so this was a great way to get more experience in a lab and work on my German skills at the same time. Interning abroad was a unique opportunity to meet new people on campus and learn what it was like to work in a foreign language. It was also interesting for me to see how working in a research lab compared and differed to working on the UW-Madison campus. I learned so much about different research abroad and how to communicate properly with colleagues who didn’t always speak English. Overall I learned so much academically, socially and professionally.

“Academic Year in Freiburg offers the perfect amount of support and independence for a year long program.”