South Africa

CAPE TOWN

IAP PROGRAM HANDBOOK

Let Your Mind Wander
South Africa, Cape Town
FALL/ACADEMIC YEAR 2018-19 PROGRAM HANDBOOK

The Cape Town, South Africa program is offered by International Academic Programs (IAP) at the University of Wisconsin-Madison in conjunction with the University of Cape Town (UCT). This IAP Program Handbook supplements handbooks or materials you receive from UCT as well as the Study Abroad Handbook and provides you with the most up-to-date information and advice available at the time of printing. Changes may occur before your departure or while you are abroad.

Questions about your program abroad (housing options, facilities abroad, etc.) as well as questions relating to your relationship with your host university or academics (e.g. course credit and equivalents, registration deadlines, etc.) should be directed to IAP at UW-Madison.

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Contact Information

ON-SITE PROGRAM INFORMATION

Your primary contact will be:

International Academic Programmes Office (IAPO)
Semester Study Abroad Program (SSA)
University of Cape Town
3 & 4 Lovers Walk
Lower Campus
Rondebosch 7701
South Africa
+27 21 650 2822/3740
+27 21 650 5667 fax
int-iapo@uct.ac.za
www.uct.ac.za/apply/intlapplicants/semester/overview/

The office is open from 8:30 a.m. to 4:30 p.m. Monday through Thursday, and 8:30 a.m. to 4:00 p.m. on Fridays. An emergency contact number will be given to you at registration.

Primary IAPO Contact for UW-Madison Students at UCT:
Ms. Melissa Abrahams – melissa.abrahams@uct.ac.za
SSA Administrator - Assists with all aspects of the administration and record-keeping of the program.

Other IAPO Contact:
Ms. Lara Dunwell - lara.dunwell@uct.ac.za
Manager: International Students and Linkages - Lara has overall responsibility for international students at UCT. The SSA Program Office reports to her.

UW-MADISON INFORMATION

International Academic Programs (IAP)
University of Wisconsin-Madison
Room 106 the Red Gym
716 Langdon Street
Madison, WI 53706
Tel: 608-265-6329, Fax: 608-262-6998
Web: www.studyabroad.wisc.edu

Kate Hamoonga
IAP Study Abroad Advisor
(608) 265 6296
hamoonga@studyabroad.wisc.edu
EMERGENCY CONTACT INFORMATION
In case of an emergency, call the main IAP number (608) 265 6329 between 7:45 a.m. and 4:30 p.m. Monday to Friday; after-hours or on weekends call the IAP staff on call at (608) 516 9440.

EMBASSY REGISTRATION
All program participants who are U.S. citizens must register at the U.S. Embassy before departure as this will help in case of a lost passport or other mishap. You can register on-line at https://travelregistration.state.gov. If you are not a U.S. citizen, register at your home country’s embassy or consulate.

United States Consulate
PostNet Suite 50, Private Bag x26
Tokai 7966
2 Reddam Ave, Westlake 7945
+27 (0)21 702 7300
+27 (0)21 702 7493 fax
http://southafrica.usembassy.gov
Program Dates

See your MyStudyAbroad account for program dates.

Please do not purchase your air tickets until you have received your acceptance letter from UCT!

Please note that students must write exams on pre-set dates at a pre-arranged venue. Examination timetables are not published prior to departure and exam dates cannot be changed to accommodate travel/internship/job plans. **In order to allow for exam re-writes, students are strongly advised to not leave Cape Town any earlier than the semester end date.**

Preparation Before Leaving

**IMMIGRATION DOCUMENTS**

**Passport**: A passport is needed to travel to South Africa and to obtain your residence permit. Apply immediately for a passport if you do not already have one. Passport information and application forms can be found on the U.S. State Department website [http://travel.state.gov/passport/](http://travel.state.gov/passport/). If you already have your passport, make sure it will be valid for at least 6 months beyond the length of your stay abroad.

**Study Visa**: All students planning on studying in South Africa for a semester or year are required to obtain a “Study Visa” before leaving the United States. This visa is issued by the South African consulate that has jurisdiction over your home state.

To apply for a study visa, you will need a complete application form, a valid U.S. passport, and other supplementary documentation. A tip sheet about the visa process can be found in the Travel and Visa tab of your MyStudyAbroad account. Consult the Consulate General website for other additional materials required for the study visa application. You are required to travel to Chicago to submit your study visa application in person.

You are responsible for obtaining your study visa but IAP will assist you with more detailed instructions about the process through your MyStudyAbroad account and at your pre-departure orientation.

**SOUTH AFRICAN MEDICAL AID SCHEME**

There is a requirement in South Africa that all international students purchase medical coverage through the South African Medical Scheme. This is separate from the CISI Insurance that UW-Madison will enroll you in. You may select any medical aid scheme (NOT medical insurance) registered in South Africa and shown as “open” on this list.
http://www.medicalschemes.com/MedicalSchemes.aspx. One plan recommended by the University of Cape Town is as follows:

**Momentum**
The Ingwe option is specifically formulated for students. The cost is R335 per month. To apply, students should:

- Log on to www.ingwehealth.co.za
- Click on the join now button and follow the instructions to complete the form. No additional documents are required.
- There is a “pay now” option included in this process and payment can be made immediately by credit card or international funds transfer.
- If payment is made by credit card, an email confirming membership will be sent immediately payment is made.
- If payment is made by international funds transfer, further documents will be requested and the membership certificate will only be provided once payment has reflected in the Momentum bank account (approx. 4 – 5 days).

You should enroll in South African Medical Aid before you depart for South Africa as you will need proof of coverage to register for your courses upon your arrival.

**HANDLING MONEY ABROAD**

**ATM/Debit Cards:** The most common way to access funds in South Africa is with an ATM card from your U.S. bank account. With most U.S. banks you are able to withdraw money from South African ATMs just as you would in the United States. Frequently there is a larger service charge for overseas transactions. It is a good idea to check with your U.S. bank before departure to see what their ATM policies are and notify them that you will be abroad for an extended period of time (so overseas transactions don’t come as a security surprise). Again, it is also a good idea to have someone in the United States (e.g. parents) have joint access to your U.S. account. This is a good “safeguard,” for in the case something were to happen to your ATM card while abroad, you could still get access to your money.

You should also ensure that you have your daily withdrawal limit on your U.S. account lowered to a maximum of ZAR1000 / day to protect you in the event of ATM fraud. Be careful when and where you use your ATM card. ATM fraud is common, so it is best to use ATMs located in a public area and without strangers around. Never allow someone to “help” you with your ATM transaction. ATMs located on the UCT campus are easily accessible and safest during the day.

**Credit Cards:** Most major U.S. credit cards can be used worldwide and are extremely valuable in a financial emergency. It is highly advisable to obtain a major credit card in your name before studying abroad. Master Card and Visa are the most widely accepted cards worldwide. Make a copy of your credit cards and keep them in a safe place in case your card is stolen or lost.
PACKING

The climate in South Africa is generally milder than in some parts of the United States and Europe, and the temperatures do not reach the extremes that they do here. Keep in mind, however, that the seasons are reversed and that you will be arriving to the opposite season. When you arrive in June/July, it will be winter in Cape Town and temperatures will be between 3C and 18C (38F and 65F). Winter is also the rainy season so a good rain jacket is a must! In February, it will be summer in Cape Town and can get quite hot (temperatures vary between 15C and 35C (59F and 95F). In Cape Town, summer time is very casual, with students wearing shorts and T-shirts to lectures. Don’t forget to bring or buy an excellent sunscreen with a high protection factor, as the sun can be fierce.

Cape Town has a Mediterranean climate, with dry summers and wet winters. A raincoat will be very useful to you because umbrellas are somewhat useless in Cape Town against the strength of winter winds; however, you may wish to bring a travel size umbrella. Bear in mind that, in winter, it may well feel cooler to you than the temperature would indicate. This is because most buildings do not have central heating. You will want to bring clothes that can be layered.

Besides clothes for class, you’ll want to bring at least one dressier outfit (a dress for women, a coat and tie for men), something suitable for special events. Many formal / semi-formal events in South Africa ask that guests wear formal or traditional attire. It is also a good idea to have casual dress clothes (collared shirts, “non-tennis” shoes, etc.) if you plan on going out in downtown Cape Town. Most of the clubs require more “formal” dress.

Specific items you may want to bring:
- Medication, if you take a prescription drug on a regular basis (enough for your entire stay in Cape Town as mailing medications is prohibited)
- Malaria medication if you plan on traveling to at-risk areas (common destinations are Namibia, Botswana, or Kruger park in northeastern South Africa)
- Winter coat (your heaviest if you’re going during the fall, but not your heaviest if you’re going in the spring)
- Raincoat
- Shoes for hiking or all-day walks
- Towels (can also be purchased in Cape Town)

ELECTRONICS

Electrical service is not identical throughout the world. South Africa’s electricity runs on 240 volts, while the U.S. runs on 110 volts. IAP advises students against bringing any appliances from the United States. Instead, we recommend that you purchase an inexpensive hairdryer, shaver, or other small appliance in South Africa—the money you spend will save you from blown fuses in your house and fried converters.

If you do decide to bring electrical appliances from the United States, make sure the converter (transformer) is suitable for the appliance. Computers require a higher capacity than other appliances. Radio Shack, Best Buy, or another appliance store can help you find what you need. Make sure that you purchase both a converter and adapter. Be aware that sockets vary from
country to country.

If you plan on taking a laptop computer with you, please make sure that the computer can operate on 240 volts or that you have the necessary transformer for the current. You will also need to purchase an adapter which enables you to plug your computer into an outlet. (The transformer may be hard to find in South Africa, but the adapter plug is easy to obtain in Cape Town.) Ask your nearest electronics or computer store where you can get a converter and adapter to fit your computer. Laptops can be very handy to have, but can be a high-risk theft item so make sure your computer is insured. Some students recommend bringing a laptop lock.

<table>
<thead>
<tr>
<th>TYPE M</th>
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</thead>
<tbody>
<tr>
<td>(used almost exclusively in South Africa, Swaziland and Lesotho)</td>
</tr>
</tbody>
</table>

![Type M plug and socket]

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**Travel and Arrival**

You are responsible for making your own flight arrangements to Cape Town. The International Academic Programmes Office (IAPO) will provide you with recommended arrival days. Students arriving on the arrival days will be able to make use of Uber travel vouchers provided by UCT. **Do not purchase your plane tickets until you have received official confirmation from UCT of your acceptance.** Once you have made your travel arrangements you must notify IAPO and IAP of your travel dates, flights, and time of arrival.

Upon arrival, students should look for the UCT/International Office staff at the airport, identifiable by lime green shirts and signs that say “UCT Semester Study Abroad Students”. You will be directed to transportation to take you to your housing. It is not recommended that you try to make your own way from the airport to UCT; you will have traveled a very long time and are likely to be both exhausted and unfamiliar with the city.
The Academic Program

UNIVERSITY OF CAPE TOWN

The University of Cape Town (UCT) was established as the South African College in 1829 and is South Africa’s oldest university. Originally an institution providing schooling and some tertiary-level education for boys only, the college grew rapidly during the 1880s as South Africa itself entered a boom period. By 1918 the tertiary-level part of the College had become the University of Cape Town. In 1928 it moved to its current site of the main campus, which was originally part of Cecil Rhodes’ estate on the slopes of Devil’s Peak. During the period of apartheid, UCT was a whites-only university. However, today’s campus has been transformed to reflect the diversity of the entire South African population in terms of students, faculty and staff.

Consisting of over 70 departments across 6 faculties, UCT is a university that is widely respected both in South Africa and throughout the world. Like UW-Madison, UCT is a university that prides itself on not only its undergraduate education, but also its graduate programs and the excellent research carried out by its faculty. The University offers programs in the major disciplines leading to undergraduate, graduate and doctoral degrees.

UCT has an enrollment of about 22,000, from over 70 countries, and many of the students come from the countries in the Southern African Development Community such as Botswana and Zimbabwe. It also admits approximately 500 American study abroad students each year.

University of Cape Town www.uct.ac.za

INTERNATIONAL ACADEMIC PROGRAMMES OFFICE

UW Madison’s program at UCT is a direct-enrollment program in which you will be enrolled in the same classes as South African students attending UCT. You will be expected to fulfill the same academic requirements and are subject to the same rules as other students at the University. There is no director for UW-Madison students on-site; rather, UCT’s International Academic Programs Office (IAPO) will handle all arrangements for housing, guidance in class selection, and the pre-semester orientation.

International Academic Programmes Office (IAPO)
http://www.iapo.uct.ac.za/iapo/intstud/ssa-0

THE SOUTH AFRICAN EDUCATION SYSTEM

The South African academic year is divided into two semesters, with the first semester beginning in early February and concluding in early June and the second term running from mid-July to mid-November. In general, a bachelor’s degree is a three-year program of study in South Africa, with students required to take four courses their first year, three courses in the second year, and two courses in the third year. As is customary in most university systems outside the United States, students are very specialized in their studies at the university level. Students are accepted into and enrolled in a single department and expected to take all their classes in that department.
COURSE INFORMATION

Home Faculty: As part of the online application process, students will be assigned to a Faculty on the basis of the courses they have selected for pre-approval. The faculties are Humanities, Science, Engineering and Commerce. Students are required to take two courses from their home faculty. On arrival at UCT, students will be able to change their specific course choices if necessary but they will not be able to change their Faculty. So, a student who has been admitted to the Science Faculty must continue to take at least 2 courses in the Science Faculty on registration. No Faculty changes will be permitted on registration.

Courses: A wide range of courses are available, course offerings and descriptions are available in the UCT Faculty Handbooks at www.uct.ac.za/students/undergraduates/handbooks/. You can also learn more about the UCT Faculties and Departments by visiting www.uct.ac.za/faculties/list/. UW-Madison’s agreement with UCT permits students to enroll for classes in the faculties of Humanities (which includes many social science departments such as Anthropology and Political Science); Science; Engineering; and Commerce. UW-Madison students may not be able to take classes in the faculties of Law and Medicine.

You will only be allowed to take courses in a department if you meet the requirements for the courses. For example, a student will not be able to take a 300-level political science at UCT if s/he has never taken a political science course on the UW-Madison campus prior to studying abroad. Students who participate on the UCT program for one semester (either fall or spring semester) can only select their courses from among the semester-long classes at UCT. Students who plan to attend for the full calendar year (both fall and spring semesters) may select their courses from among the semester-long and year-long courses. Please note that “Intro to Earth and Environmental Science” will not be granted UW-Madison credit in Environmental Studies.

When selecting courses, you need to be aware that courses are coded to reflect the year of study, as well as the semester of offer. In general, you learn the following from the course code:

Example of a course code: ELL104F

<table>
<thead>
<tr>
<th>Code</th>
<th>Department Code</th>
<th>Course Level</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>ELL</td>
<td>English Department</td>
<td>100-level course</td>
<td>February – July</td>
</tr>
</tbody>
</table>

When applying for courses, bear in mind that you may need to have passed courses in the same, or a similar, discipline to be admitted to senior courses (200-, 300-level) courses in that discipline.

Also note the semester of offer of a course, and select courses which will be offered during your planned period at UCT.

F = first semester (Spring semester at Madison)
S = second semester (Fall semester at Madison)
W = whole calendar year
H = whole calendar year
Z = consult IAPO for details

Other guidelines:
- Students have one week after arrival to add courses.
- Students cannot take UCT honors courses.
- Students who plan to take English courses at UCT must sign up for seminars prior to arrival at UCT.
- Difference between lecture and seminars/tutorials:
  A lecture is a scheduled time and listed in the timetable. Seminars/tutorials are in addition to the lectures (equivalent to UW-Madison “discussions”) and students can select from a number of options, which meet at different times or days of the week.

Course Equivalent Requests and My Study Abroad
Each course you take abroad must be assigned a UW-Madison “equivalent” course in order for your grades and credits to be recorded on your UW-Madison transcript. In order to establish UW-Madison course equivalents for your study abroad courses, you will submit a Course Equivalent Requests through your MyStudyAbroad account. Detailed information on the UW course equivalent process that you will use through your MyStudyAbroad account is available in the IAP Study Abroad Handbook.

CREDITS
Conversions: The undergraduate courses at the University of Cape Town are offered as first, second and third year courses. In general a South African bachelor’s degree is a three-year degree. UCT transcripts and handbooks show the NQF credit value for each course.

Students studying on the UCT program through IAP will receive UW-Madison credits as follows:

The following is a table of the most commonly awarded NQF credit amounts:

<table>
<thead>
<tr>
<th>NQF Credits</th>
<th>UW-Madison credits on transcript</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 credits</td>
<td>3 credits</td>
</tr>
<tr>
<td>22-24 credits</td>
<td>4 credits</td>
</tr>
<tr>
<td>30 credits</td>
<td>5 credits</td>
</tr>
<tr>
<td>36 credits</td>
<td>6 credits</td>
</tr>
</tbody>
</table>

For other credit amounts that do not appear on the above table, the following conversion scale will be used: 6 NQF credits = 1 UW-Madison credit.

Limits and Load: In selecting courses at UCT, study abroad students should choose no more than 4 courses per semester. Students in some Faculties (most notably in Engineering) may be permitted to take a fifth class, in order to meet the 72 NQF minimum credit load requirement. The usual full load for an undergraduate student for one semester is 72 NQF. The maximum number
of credits is 90 NQF. You will need to be considered full-time at UW-Madison, so please use the above credit conversion scale to ensure that you are enrolled in 12-18 UW-Madison credits each semester you are abroad.

**MUSIC PERFORMANCE CLASSES WILL ONLY RECEIVE 1 CREDIT AT UW-MADISON!**

**PASS/FAIL/DROP/AUDIT**

If you wish to drop a course you are enrolled in at UCT, contact IAPO immediately for the correct procedure for the specific faculty in which the class is held. You will need to meet with the Academic Advisor for International Students to sign the drop form. Follow all instructions carefully so that you don’t receive an incomplete, AB, DPR or failing grade on your UCT transcript. If you do receive an incomplete or a failing grade for dropping a course incorrectly, this will convert to a failing grade on your UW-Madison transcript as well. Please also refer to the IAP Study Abroad Handbook for academic policies.

**GRADES AND GRADE CONVERSIONS**

Undergraduate courses at the University of Cape Town are usually assessed through a combination of essays, assignments, tests, class participation/presentation, and examinations. Make sure that you understand fully the assessment for each course, paying careful attention to due dates. You may be required to complete certain assessments during the span of the course in order to be permitted to write the exam. Make sure you understand these expectations at the beginning of the course. Exams usually count for a significant proportion of the final course result.

The examination system may differ from that used at UW-Madison. Examination timetables are set centrally by the University and are not flexible. All students take the course examination at the same time, in a predetermined venue. Examination timetables are published by the Faculty Offices, and a copy is available at IAPO. No special arrangements will be made to write an exam on an alternate day or at an alternate venue. You should arrange your travel plans bearing in mind that the last day of term could well be the last day of your examinations – don’t plan to do anything until after that day.

UCT grades will be converted to UW-Madison grades based upon the following scale.

<table>
<thead>
<tr>
<th>University of Cape Town</th>
<th>UW-Madison</th>
</tr>
</thead>
<tbody>
<tr>
<td>73-100%</td>
<td>A</td>
</tr>
<tr>
<td>65-72%</td>
<td>AB</td>
</tr>
<tr>
<td>60-64%</td>
<td>B</td>
</tr>
<tr>
<td>55-59%</td>
<td>BC</td>
</tr>
<tr>
<td>49-54%</td>
<td>C</td>
</tr>
<tr>
<td>48%</td>
<td>D</td>
</tr>
<tr>
<td>0-47%</td>
<td>F</td>
</tr>
<tr>
<td>AB (absent from examination)</td>
<td>F</td>
</tr>
<tr>
<td>DPR (permission to write exam refused)</td>
<td>F</td>
</tr>
</tbody>
</table>
ORIENTATION

UCT provides an onsite orientation that includes critical information about academic procedures, financial arrangements, and safety concerns. It is very important that all study abroad students attend this orientation. As part of the orientation, students will register for classes.

Typical events in the orientation program include:

**Guided tour of the Cape Peninsula** - All-day tour of the Peninsula. The tour highlights the natural beauty of the Cape, including a visit to Cape Point, an opportunity to see the penguins at Boulders Beach, hiking, lunch and refreshments.

**Information and activity day:**
- Personal safety at UCT and in Cape Town
- International clearance information
- HIV and AIDS in South Africa and "culture shock"
- Matric Exemption requirements
- Travel opportunities
- Landlord briefing - discuss house rules, sort out payment of rental or deposits and answer questions
- Cell-phones / mobile phones - vendors available for purchases
- Walking tour of surrounding area to see location of shops, banks, etc

**Academic advice and welcome to UCT:**
- Academic advisors talk about course selections
- International clearance to register - bring passport and proof of payment of fees.
- Drum circle - wear comfortable clothes for drumming. This is an interactive event.
- Welcome reception - eats and soft-drinks are served.

**Community service day**
- Cape Town in context including an overview of townships in the Cape and a history of the Students' Health and Welfare Centres Organisation (SHAWCO) - [www.shawco.org/](http://www.shawco.org/).
- Visits to community centers in the townships where you may volunteer through SHAWCO (UCT student-run charity) to work with those in need. Bring money for snacks and purchases.

**Registration Day:**
- Bring your passport and a copy of your UW-Madison transcript.
- Bring your clearance letter that you received from IAPO.
- Bring your South African Medical Scheme enrollment letter/card.
- Registration process begins at 08:00 and runs through till 13:00.
- Bring a dose of patience as this day can be long and frustrating!
Notes about Registration: The UCT application form asks students to pre-select courses. Please be aware that course offerings may change from time to time and a course you may have chosen may not be offered upon your arrival to UCT.

Prior to your arrival, IAPO will send the courses you requested on your UCT application to each department for authorization. You will receive confirmation of your acceptance once the departments have approved you to take a specific course. Depending on the department, you may have to submit additional information for a specific class prior to departure.

Past participants warn that on Registration Day, the registration process can be long and complicated (particularly if you try to change classes from what you originally submitted on your UCT application form). You will receive the course timetable and since UCT registration is paper-based, if you have course conflicts or wish to change courses, you will be required to complete numerous forms and wait in long lines for approval.

Students with Disabilities: If you have a learning disability that requires special arrangements (e.g., additional time for exams), contact IAP at UW-Madison prior to departure to initiate arrangements. IAPO requests that you bring official documentation with you about your condition and the academic accommodations made for you at UW-Madison. Upon arrival, you will be assessed by UCT Student Health practitioners and appropriate recommendations will be made on your behalf to the Exams Office.

In special cases, students with a physical or learning disability may be given permission to have extra time to write examinations. If you qualify for extra time at your home institution, please bring proof of this from UW-Madison, as well as supporting medical documents, and make your needs known to staff at IAPO during onsite orientation.

Living Abroad

SOUTH AFRICA

South Africa’s population is estimated to be about 44 million. The climate of South Africa is mostly dry and sunny, lying just to the south of the Tropic of Capricorn. The major influence on the climate is the topography and the surrounding oceans. There are 11 official languages, but most people speak Isi-Zulu and/or English, as well as their mother tongue. The most widely spoken African languages are Isi-Zulu and Isi-Xhosa. The most widely spoken languages in Cape Town are Isi-Xhosa, English and Afrikaans. Afrikaans was developed from the High Dutch of the 17th century. Afrikaners (as the descendents of the Dutch are named) abandoned the complicated grammar of the Dutch language and adopted vocabulary from French, English, indigenous African and even Asian languages.

South Africa offers a wide diversity of plant, animal and bird species. Climates range anywhere from Mediterranean (called Fynbos by South Africans) Climate in Cape Town to desert, grasslands, deciduous forest and alpine distributed throughout the country. The landscapes in South Africa are just as diverse as the people that live there.
Recommended Readings

- Alexander, Neville. *An Ordinary Country*
- Biko, Steve. *I write what I like: Selected Writings*
- Coetzee, John. *Disgrace*
- Goodman, David. *Faultlines: Journeys in the New South Africa*
- Krog, Antjie. *Country of My Skull: Guilt, Sorrow, and the Limits of Forgiveness in the New South Africa*
- Mandela, Nelson. *Long Walk to Freedom*
- Sindiwe, Magona. *Living, Loving and Lying Awake at Night*
- Sparks, Alistair. *Tomorrow is another country*
- Thompson, Leonard. *A History of South Africa*
- Wolpe, Harold. *Race, Class and the Apartheid State*
- *The Lonely Planet: Africa on a Shoestring*
- *The Rough Guide South Africa*
- *Let’s Go South Africa*
- Stuart R. Rose, *International Travel Health Guide*

**CAPE TOWN**

Cape Town is the capital of Western Cape Province and the parliamentary capital of South Africa. The city is dominated by Table Mountain, a 1000m high, flat-topped mountain with virtually sheer cliffs, and surrounded by mountain walks, vineyards and beaches. For decades, Table Mountain has enjoyed unparalleled status as the country’s top tourist attraction. Today, both the mountain and the world-renowned Kirstenbosch Botanical Gardens at its base continue to attract more than 2 million visitors a year. Cape Town accommodates a range of activities from hiking, climbing, camping and abseiling to water sports, diving, surfing and golf.

Cape Town [www.cape-town.org](http://www.cape-town.org)
Mail and Guardian [www.mg.co.za/](http://www.mg.co.za/)
Independent Newspapers [www.iol.co.za](http://www.iol.co.za)
Cape Times [www.capetimes.co.za](http://www.capetimes.co.za)

**HOUSING**

On-campus housing at UCT, as at all universities in South Africa, is limited. You will receive an email from an online housing service, EduBed, and will be asked to log in to book your room. The
rooms offered through EduBed have been reviewed and approved by IAPO. Instructions will be provided from EduBed about paying deposits and signing your lease.

Students typically live in houses or apartments with other international students (typically from Europe and/or the United States) though accommodations and housemates may vary. Some spaces may be available in an on-campus or off-campus residence hall. The accommodations listed are all within walking distance (20 to 40 minutes) of the campus, or a short public transport journey away.

The shared apartments/houses will have one or more bedrooms, a bathroom, kitchen, and living room. Some may have a bath, others a shower; most will not have both. All accommodation is fully furnished and includes basic bedroom furnishings (bed, desk, chair, dresser); bedding and bed linen (pillow, sheets, duvet, blanket); kitchen equipment, including cutlery, crockery and cooking utensils; fridge, stove, and a furnished communal living area. Most houses have laundry facilities and those that don’t either have a laundry service or are located close to a Laundromat. All houses are secured with burglar bars and security gates. Electricity, water and cleaning services are included in the rental amount. Some accommodation has a pay-as-you-go electricity system—in those cases electricity will not be included in the rent but will be an extra expense.

Some Accommodation Locations

Area A - Rondebosch: approximately 2 km from Rondebosch Station to upper campus
Area B - Rosebank: approximately 2 km from Rosebank Station to upper campus
Area C - Mowbray: approximately 3 km from Mowbray Station to upper campus
Area D - Observatory: approximately 4.5 km from Observatory Station to upper campus
STUDENT LIFE

Just as in Madison, UCT offers a wide range of clubs and activities for students to participate in. Students can join sport activities or clubs, which are commonly great opportunities to meet South Africans. Exchange students can join three clubs for free, and can pay a small fee to join additional clubs. Clubs made available to students range anywhere from organized sports, such as soccer, rugby, and cricket to more outdoor adventure activities such as the climbing, camping and surfing. Students may also participate in academic organizations such as debate club or political clubs. Many students participate in the student run organization (SHAWCO) as well, which places students in service learning programs. Placements include schools, social service agencies, and other opportunities.

SHAWCO and Community Service: The opportunity to offer service to the disadvantaged communities of Cape Town is a highlight of many students’ study abroad experience. South Africa has inherited a fractured, complex social and political system, where resources are not adequate to meet the needs of the people. The legacy of apartheid is still with us, and through community service, we can attempt to redress some of the injustices of the past, by contributing to the future of communities in need.

IAPO has offered study abroad students the opportunity to volunteer for community service through SHAWCO for several years. During the orientation program, students are taken to the various community service sites. At each site students are welcomed by the communities who benefit from the work done there and given first-hand knowledge of the difference their contribution could make. Community service sites offer a variety of volunteer opportunities including: working with students after school to help them be more academically successful, helping organize and run community centers, and working with students and communities through music. After visiting each of the sites, volunteers are enlisted at the end of the day in the community service site of their choice.

A student may choose to volunteer for as many, or as few, hours per week as fits well with their academic program. A certificate of participation is issued at the end of the semester if a minimum of 35 hours of service has been completed.

TRANSPORTATION

Cape Town offers many forms of transportation including trains, buses and taxis. Taxis are more expensive than buses and trains; however, the trains and buses stop working early in the evening. It is recommended that students not make use of buses or trains outside of regular commuter hours (07h30 – 17h30, Monday to Friday).

It is highly recommended that students make use of the Boogie Bus. The Boogie Bus allows you to make appointments (even at night) to be picked up by the driver and driven to a specific destination. This is ideal for a ride home from a night on the town, or for sight-seeing trips to scenic places in the local area, such as Hermanus (whalewatching), Franschoek (wine tasting) etc. Contact Steve of the Amazing Boogie Bus Co. at (0) 82 495 5698. It can also be a good idea to consistently use the same taxi driver. This can typically save you money in the long run.
SAFETY

Personal vigilance is key to remaining safe in South Africa. Like any big city throughout the world, Cape Town has its share of crime. South Africa is experiencing rapid political, social and economic change, and does have an undesirable incidence of crime, particularly petty theft. It is also a society where guns and other weapons are as prevalent as in the United States. Although Cape Town is relatively safe, you must be careful about what you do and where you go. You will hear about safety in your pre-departure orientation as well as in your onsite orientation conducted by IAPO. Speakers and resources at the onsite orientation will include other students and campus security officers. In addition, IAPO will issue you an emergency phone contact list during your onsite orientation, members of IAPO staff are available 24 hours a day in case of emergencies. Read the following information carefully and also read the “Safety” section of the IAP Study Abroad Handbook to prepare yourself to take appropriate precautions for your personal safety while in Cape Town.

General Rules and Suggestions about Safety in Cape Town:

- Tourists are common targets of pickpockets. Be aware of your backpacks and cameras, especially on crowded buses. It is not unusual for criminals to carry weapons during robbery attempts.
- Keep valuables in a locked place. Do not carry large sums of money, wear expensive jewelry, or obviously display valuable items (cameras, iPods, laptops, etc.) when you walk on the street.
- Do not carry your passport with you on a daily basis. A photocopy of the front page should be adequate.
- Avoid leaving belongings in a parked car.
- Home invasion robberies are not uncommon. Lock your room/house/apartment when you are not home.
- Use common sense just as you would in any other big city. Do not walk alone at night, go with other students, and take the taxi service recommended by IAPO (the Boogie Bus) to get back to your apartment or house. Avoid trains, buses and minibus taxis at night, and never use them at night alone.
- Go into a shop or ask security personnel for directions. Do not stop strangers in the street.
- Cape Town drivers are among the worst in the world; be very cautious of the traffic when walking and remember that drivers drive on the opposite side of the road than you are used to.
- Avoid exploring unfamiliar areas of town on your own.
- Report to the International Academic Programmes Office, any incident, harassment or threatening situation which you may experience. IAPO can assist you with filing a police report if necessary.
- Know where you can reach someone in case of an emergency. IAPO provides all study abroad students with an emergency phone sheet, and members of IAPO staff are contactable 24 hours a day, should the need arise.
All study abroad students will register at their embassy during the orientation period. IAPO will also retain copies of your medical insurance details on file, should the need arise to consult these during an emergency. It is your own responsibility to keep IAPO, your family and friends at home, and IAP informed of your address and contact details throughout your stay. IAPO also asks students to record their travel plans with their office, prior to departure (many students spend some time traveling through Southern Africa during their stay).

Safety near the water
Tragic water accidents at the sea near Cape Town happen quickly, mostly due to a lack of safety knowledge. The following tips cover water safety as well as protection measures to take if you are planning on swimming near Cape Town.

- Read and obey the beach regulations and follow instructions or advice from lifeguards.
- Make sure you know how to swim if entering the sea.
- Swim in areas supervised by a lifeguard – usually in a zone between two red and yellow flags.
- Never swim alone.
- Swim parallel to the shore if you wish to swim a long distance.
- If caught in a rip current, swim sideways until free and don’t swim against the current’s pull.
- Avoid swimming near rocks, piers, jetties and breakwaters.
- Stay clear of coastal dune cliffs as they can collapse suddenly.

Safety on the UCT Campus
On the UCT campus, Campus Protection Services (CPS) operates 24 hours a day, seven days a week. CPS should be called instead of the police. CPS has a 24-hour hotline 650-2222/3 (use the last four digits only if calling from a UCT extension). CPS operates from six service centres:

- Burnage House - adjacent to Leo Marquard Hall, in Burnage Road, just off Main Road, Rosebank
- Upper Campus - Robert Leslie Social Sciences Building, University Avenue
- Middle Campus - Kramer Building
- Medical Campus - Barnard Fuller Building
- Forest Hills Residence - Main Road, Mowbray
- Hiddingh Campus - Orange Street, Cape Town

Shuttle Services
The Jammie Shuttle provides convenient and safe bus transport between UCT campuses and residences during term time. The Jammie Shuttle provides a constant service during the day (Monday through Friday 07:30-18:00), but also operates a night service (Monday through Thursday 18:30-01:00, Friday 18:30-22:00). Pick-up points include:

- Leo Marquard / Tugwell
- Forest Hills / Varietas Residence
- Liesbeeck Gardens
- Clarinus
- Medical School
- Hiddingh Hall
The Jammie Shuttle Offices are located at Lower Campus near Leo Marquard Residence. For more information, contact Jammie Shuttle at (0)21 685 7135.

**Safe Escort Service**

In the event that the Jammie Shuttle does not function (after 01:00), CPS offers assistance to students by escorting them on foot or giving them a lift from campus to their residences. However, please understand that CPS’s core function on campus is not transportation of patrons; some patience is required because of delays when their officers may be attending to other problems.

**Tips for protecting yourself on the UCT campus**

- Remember you are safer when walking in a group, especially at night.
- Practice using the "Blue Safe Walk," the preferred pedestrian route, when walking in University property - you have the advantage of being close to the emergency phones and the area is monitored by surveillance cameras.
- Avoid walking in dark and deserted areas and stay away from "short cuts".

Visit [www.uct.ac.za/students/health/campussafety/](http://www.uct.ac.za/students/health/campussafety/) for further information about safety on the UCT campus.

**COMMUNICATION**

**Phone:** When making calls, keep in mind time zone differences ([www.timeanddate.com/worldclock](http://www.timeanddate.com/worldclock)). To make an international call to the United States, dial the access code for the country from which you are calling plus the United States country code (always “1”) followed by the appropriate U.S. area code and local number. To call internationally from the United States, dial “011”, the country code, city access code (if necessary) and the phone number. Country and city codes can be found online ([www.timeanddate.com/worldclock/dialing.html](http://www.timeanddate.com/worldclock/dialing.html)). Some of above steps can vary if you are using a calling card. Students may want to consider purchasing a cell phone in Cape Town for communication purposes.

**Email:** UCT provides students with a UCT email account and computer facilities. Campus computer labs are open 9:00 to 21:00; however there may be a wait for a computer. Students must have a student id card in order to use the labs. There are additional fees for printing. IAPO has four computers for email, and they are accessible from 8:30 to 16:30, Monday through Friday.

Some houses have varying levels of internet access, and others do not. Internet cafes are available in locations near where you will live. These internet connections are commonly quicker than the ones on campus and can be convenient for “after hours” email use. Pre-pay plans can be purchased at these cafes for a relatively low rate. Some past participants of the program...
recommend bringing a laptop. Students are able to register their laptops and use them on campus via UCT wifi.

WEBSITES OF INTEREST

International Academic Programs (IAP) at UW-Madison:
www.studyabroad.wisc.edu

University of Cape Town IAPO
http://www.iapo.uct.ac.za/iapo/intstud:ssa-0

U.S. State Department:
http://travel.state.gov/

U.S. State Department Students Abroad site:
http://studentsabroad.state.gov/

Center for Disease Control:
http://wwwnc.cdc.gov/travel

Current Exchange Rates:
www.x-rates.com

U.S. State Department Students Abroad site:
http://www.studentsabroad.state.gov/

Mail and Guardian (South African newspaper):
http://www.mg.co.za/

South African Tourism:
http://www.southafrica.net/