Congratulations on being selected to participate in the UW Scandinavian Studies in Sweden program!

This program is offered by International Academic Programs (IAP) at the University of Wisconsin-Madison. This IAP Program Handbook supplements handbooks or materials you receive from your faculty leader as well as the General IAP Study Abroad Handbook and provides you with the most up-to-date information and advice available at the time of printing. Changes may occur before your departure or while you are abroad.

This program handbook contains the following information:

CONTACT INFORMATION ..........................................................................................................................2
ON-SITE PROGRAM INFORMATION .........................................................................................................2
PROGRAM DATES ........................................................................................................................................3
MAY 24 –JUNE 13 (MORE DETAIL BELOW) ..........................................................................................3
PREPARATION BEFORE LEAVING ........................................................................................................3
IMMIGRATION DOCUMENTS ....................................................................................................................3
HANDLING MONEY ABROAD ..................................................................................................................3
TRAVEL AND ARRIVAL ...............................................................................................................................4
THE ACADEMIC PROGRAM .........................................................................................................................4
ITINERARY ................................................................................................................................................4
COURSE INFORMATION ............................................................................................................................7
LIVING ABROAD ..........................................................................................................................................7
STOCKHOLM ...........................................................................................................................................7
HOUSING ................................................................................................................................................8
HEALTH ...................................................................................................................................................8
COMMUNICATION .................................................................................................................................8
CONTACT INFORMATION

ON-SITE PROGRAM INFORMATION
Program Leader:
Scott Mellor
Department of Scandinavian Studies
samellor@wisc.edu
On-site phone: 608-512-3502

UW-Madison Information
International Academic Programs (IAP)
University of Wisconsin-Madison
106 Red Gym, 716 Langdon St.
Madison, WI 53706
Tel: 608-265-6329, Fax: 608-262-6998
Web: www.studyabroad.wisc.edu

Kate Hamoonga
IAP Study Abroad Advisor
(608) 265-6296
hamoonga@studyabroad.wisc.edu

Emergency Contact Information
In case of an emergency, call the main IAP number (608) 265-6329 between 7:45 a.m.-4:30 p.m. Monday-Friday; after-hours or on weekends call the IAP staff on call at (608) 516-9440.

Embassy Registration
Program participants who are U.S. citizens must register at the U.S. Embassy before departure as this will help in case of a lost passport or other mishap. You can register on-line at: https://travelregistration.state.gov. If you are not a U.S. citizen, register at your home country’s embassy or consulate.

United States Embassy
United States Embassy
Dag Hammarskjölds Väg 31
SE-115 89
Stockholm
Sweden
+46 (0)8 783 5300
+46 (0)8 661 1964 fax
http://stockholm.usembassy.gov/
PROGRAM DATES

MAY 24 – JUNE 13 (MORE DETAIL BELOW)

PREPARATION BEFORE LEAVING

IMMIGRATION DOCUMENTS

**Passport:** A passport is needed to travel to Sweden. If you do not already have a passport, please apply for one immediately. Passport information and application forms can be found on the U.S. State Department website [http://travel.state.gov/passport/](http://travel.state.gov/passport/). If you already have your passport, make sure it will be valid for at least 6 months beyond the length of your stay abroad.

**Visa:** US citizens do not require a visa for entry.

HANDLING MONEY ABROAD

The national currency is the Swedish *krona* (SEK, plural *kronor*), distinct from other currencies, such as the Norwegian or Danish krona. Automatic teller machines take major credit cards. Most stores, restaurants and bars accept all major credit cards. You usually need an ID card or a passport when shopping with a credit card, regardless of the amount involved.

It is not common to bargain in shops but it might work in some instances, especially when buying more expensive products. Bargaining is also okay at flea markets and in antique shops. Tipping is not mandatory when dining out. You can tip 5-10%, or round the bill up if you've had a nice experience.

Most shops, at least major chains in downtown areas, are open all week, even on Sundays. Closing times are rigid, most often on the minute.

Many Swedes translate the word *krona*, which means *crown*. For example, instead of saying 50 *kronor* they might say 50 *crowns* when speaking English.

**Safety with Money**

Use the same precautions with money abroad that you would when traveling in any large city in the United States. Be aware of pickpockets in crowded areas and on public transportation. Carry your money and other documents in a money pouch worn inside your clothing. Use the same precautions you take at home when using an ATM; keep your pin number separate from your ATM/debit card and use machines inside banks or other buildings. Maintain a copy of all credit card numbers, traveler check numbers, and any PIN numbers in a safe place, and do not carry these with you at any time. Leave a copy of these documents and a photocopy of the first (photo) page of your passport with your Financial Representative in the United States.

**Electronics**
Sweden runs on 220V (volts), 50Hz (cycles) AC and uses the “europlug” with two round pins. If you plan on bringing any appliances from the United States, keep in mind that they will require adapters/converters which you should purchase before departure. It may be more convenient and less expensive to purchase appliances in Sweden rather than purchasing the necessary converter/adapters in the United States.

TRAVEL AND ARRIVAL

Flight
You will need to arrive in Stockholm on May 25th, any time in the morning before 2pm. CIEE will provide you with arrival instructions that will likely ask you to take a bus into the city where you will be met by program staff. You will receive an orientation in the evening of May 25 and classes will start in the morning on May 26.

THE ACADEMIC PROGRAM

ITINERARY
This is an unconfirmed itinerary and specific events might change. It gives you a good idea of the content of the program, however.

Medieval
Tuesday, May 26:
8:00: Breakfast
10:00-12:00: Introductions: Languages and Geography of Scandinavia.
Readings: WITS: The Scandinavian Languages; The Geography of Scandinavia
12:00-13:00: Lunch
13:00-16:00: Walking tour of Dr. Glas' Gamla stan, the old city in Stockholm
17:30: Dinner

Wednesday, May 27:
8:00: Breakfast
10:00-12:00: The Vikings and Scandinavian Mythology
Readings: “Thrymskvitha” and “Skirnismal” Hrafnkel's Saga
12:00-13:00: Lunch
13:00-16:00: Medieval Museum (Stockholms medeltidsmuseum)
17:30: Dinner

Thursday, May 28:
8:00: Breakfast
10:00-16:00: Tour Björkö: a medieval Swedish city. Lunch on site.
17:30: Dinner
Friday, May 29:
8:00: Breakfast
10:00-12:00: Reflections on Medieval/Viking Sweden
Readings: "Prehistory & The Viking Age" in History of Scandinavia WITS
12:00-13:00: Lunch
13:00-16:00: Historiska Museet (Historical Museum)
17:30: Dinner

Saturday, May 30:
8:00: Breakfast
10:00-12:00: The Conversion, Catholic Sweden, and The Hansa League
Readings: Excerpts Revelations of Saint Birgitta
12:00-13:00: Lunch
13:00-16:00: Free time to explore (Optional trip to ABBA museum)
17:30: Dinner

Sunday, May 31:
8:00: Breakfast
10:00-12:00: The Hansa League and Black Death
Readings: "The Black Death" and "Death in Bergamo"
12:00-13:00: Lunch
13:00-16:00: Free time to explore
17:30: Dinner

Monday, June 1:
8:00: Breakfast
10:00-12:00: Boat trip to Gotland (Bus leaves Stockholm 9:10 Arrival Gotland 14:10/Lunch on Boat)
14:10-16:00: Free time to explore Visby
17:30: Dinner

Tuesday, June 2:
8:00: Breakfast
10:00-18:00: Walking tour Gotland with lecture from guest lecturer, Visby Museum
18:00-19:10: Prepare for departure (Leave Gotland. 19:10 Arrival Stockholm 23:40/Dinner on Boat)

The Reformation, Stormaktstiden, and Early Modern Scandinavia

Wednesday, June 3:
8:00: Breakfast
10:00-12:00: The Reformation and the beginning of Stormaktstiden
Readings: Martin Luther’s 95 theses “Vasa Song”
12:00-13:00: Lunch
13:00-16:00: The Wasa ship Museum
17:30: Dinner
Thursday, June 4:
8:00: Breakfast
9:00-16:00: Uppsala (Arrival by commuter train)
17:30: Dinner

Friday, June 5:
8:00: Breakfast
10:00-12:00: The Enlightenment
Readings: Holberg “Erasmus Montanus” WITS
12:00-13:00: Lunch
13:00-21:00: Tour of Drottningholm Castle

Saturday, June 6:
8:00: Breakfast
10:00-12:00: Nordic countries and the Sciences
Readings: Karl Linnaeus Selections from: Tour in Lapland
12:00-13:00: Lunch
13:00-16:00: The Royal Museum of Natural Sciences (Naturhistoriska Riksmuseet)
17:30: Dinner

Modern Scandinavia
Sunday, June 7:
8:00: Breakfast
10:00-12:00: Romanticism
Readings: Selections from The Tales of Hans Christian Andersen; Kierkegaard: “Diapsalmata,” “Solomon’s Dream”
12:00-13:00: Lunch
13:00-16:00: Free time to explore
17:30: Dinner
Optional trip to Gronalund (Stockholm amusement park)

Monday, June 8:
8:00: Breakfast
10:00-12:00: Modern Breakthrough and the 1890s
Readings: Selections from Sex and the Modern Breakthrough; Doctor Glas
12:00-13:00: Lunch
13:00-16:00: Nordiska Museet (The Nordic Museum)
17:30: Dinner

Tuesday, June 9:
8:00: Breakfast
10:00-12:00: Modern Scandinavian Folklore (Guest Lecturer: Barbro Klein)
12:00-13:00: Lunch
13:00-16:00: Skansen (the first open air museum)
17:30: Dinner
Evening Film
Wednesday, June 10:
8:00: Breakfast
10:00-12:00: Modern Scandinavian Film and Drama (Guest Lecturer: Shelly Wright)
12:00-13:00: Lunch
13:00-16:00: Thielsien Gallery (Thielska Galleriet)
17:30: Dinner
Evening performance at the Stockholm Opera

Thursday, June 11:
8:00: Breakfast
10:00-12:00: The Nordic Countries and the Arts
12:00-13:00: Lunch
13:00-16:00: Riksdagen (Parliament)
17:30: Dinner

Friday, June 12:
8:00: Breakfast
10:00-12:00: Brantling to Palme: The Social Welfare State
12:00-13:00: Lunch
13:00-16:00: Prepare to leave
17:30: Dinner

More specific information regarding course expectations and grading will be provided in your course syllabus.

COURSE INFORMATION
Students will receive 3 credits of Scandinavian Studies 276 (Life and Civilizations). IAP will register you for the course. There are no additional registration procedures you must take.

Pass/Fail/Drop/Audit
Students cannot take this course pass/fail.

LIVING ABROAD

STOCKHOLM
Stockholm is the capital and largest city of Sweden, with nearly 2 million inhabitants within its vicinities. The inner city is made up of 14 islands connected by some 50 bridges on Lake Mälaren, which flows into the Baltic Sea. Stockholm is a cosmopolitan place with both classical and modern architecture, and a captivating Old Town, Gamla Stan. Over 30% of the city area is made up of waterways, and another 30% is made up of green spaces.
**HOUSING**

Your housing will consist of quadruple room hostel accommodations divided between males and females and these rooms will only be used by students affiliated with this program. Housing accommodations will include rooms with a lockable door, a bed for each individual, ensuite bathroom, laundry facility, and kitchen, and pillows/bedding/linen. WiFi will be available in the hostel.

**HEALTH**

It is recommended that you read through the Center for Disease Control (CDC) recommendations for travel to Sweden [http://wwwnc.cdc.gov/travel/destinations/traveler/none/sweden](http://wwwnc.cdc.gov/travel/destinations/traveler/none/sweden) as well as meet with your doctor or a travel doctor at least 4-6 weeks prior to departure. Your doctor or health-care provider will determine what you will need, depending on factors such as your health and immunization history.

**COMMUNICATION**

**Telephone:** When making calls, keep in mind time zone differences [www.timeanddate.com/worldclock](http://www.timeanddate.com/worldclock). To make an international call to the United States, dial the access code for the country from which you are calling plus the United States country code (always “1”) followed by the appropriate U.S. area code and local number. To call internationally from the United States, dial “011”, the country code, city access code (if necessary) and the phone number. Country and city codes can be found online [www.timeanddate.com/worldclock/dialing.html](http://www.timeanddate.com/worldclock/dialing.html). Some of above steps can vary if you are using a calling card.

Sweden's international calling code number is +46. Payphones are available, with older models only accepting cards (special smartchip phone cards as well as credit cards), and newer models that accept coins (Swedish as well as Euros). Collect calls are possible by dialing 2# on a payphone.

**Skype:** Skype is a free, downloadable software application that allows users to make live video and voice calls over the internet. Skype users can also add money to their account and can then use the service to call land lines and cell phones internationally at very low rates. Additionally, Skype also provides an instant messaging function as well as file sharing.

To create a Skype account, users must download the application from [www.skype.com](http://www.skype.com) and create a user name and password. Once the application is installed onto their computer, they can search for friends either by first and last name or using their friends' Skype usernames. Once a friend is added to a users contact list, they will be able to see whether that person is available to chat. If two users both have web-enabled video cameras for their computers, they will be able to chat face to face. For users without a web cam, a microphone is all that's required for calls to another computer.

**Websites of Interest:**

International Academic Programs (IAP) at UW-Madison:
www.studyabroad.wisc.edu

General Orientation Information:
www.worldwide.edu/travel_planner/index.html
(includes topics such as culture shock, international travel, etc.)

U.S. State Department:
travel.state.gov

Center for Disease Control:
www.cdc.gov/travel/

Current Exchange Rates:
www.x-rates.com