

SAN JOSE, COSTA RICA

INGA RUNSTROM

Program: UW Spanish Language in Costa Rica, Winter

Inga's Major: Nursing

Academic Life: I took an Advanced Conversation class with five other UW students. Our instructor was a native Costa Rican, and required us to speak Spanish exclusively. It was an amazing experience that allowed us to break through barriers and improve our Spanish skills. Our coursework included presentations to our small class and LOTS of conversation on interesting topics. We had class for four hours each day.

Housing: I lived with a Costa Rican family near Maximo Nivel. As the only student staying with them, I formed an amazing relationship with my family. They were incredibly welcoming and I continue to speak with them regularly. One of the best parts of staying with a family is the amount of Spanish you learn in such a short amount of time. I wouldn't have changed a thing!

Most Memorable Moments: The most memorable experience from my program was during a weekend trip to Manuel Antonio. We spent an amazing Saturday at the beach, and on Sunday, we came across a waterfall that was truly breathtaking.

Future Career Aspirations: My Spanish skills in nursing will be extremely beneficial. Additionally, I got exposure to another culture and learned about different lifestyles and ways. That is something that will be a benefit throughout my life.

Benefits of Study Abroad: Study abroad provided an opportunity to build new relationships - with my host family and with other students on the program. I made some great lifelong friends.



Inga in San Jose.

“Studying in Costa Rica helped me improve my Spanish skills.”

