

LONDON, ENGLAND

MEG FREDERICKS

Program: UW in London, Spring

Meg's Majors: Geography; Environmental Studies

Academic Life: I took classes with American students. We had a fairly traditional classroom setting, with lots of long and interactive field trips. We all took a class about British life and culture, as well as an internship for credit. I took an Art class with UW professor Tom Loeser, and a class about Media in Britain. My professors were from all around the world, living in London.

Internship Abroad: I worked in an Artisan Farmer's Market, with a focus on sustainability and community involvement. I worked with the administrative team to create documentation and network with any environmental groups that the market could partner with. I also performed everyday office tasks, and assisted in the event planning process. Because my internship was so interdisciplinary, I was able to apply it to both my field experience for Environmental Studies (one of my majors) and Global Health (my certificate).

Housing: I lived in student flats in a building that was shared by different American universities. My address was definitely the most exclusive that I'll ever have, situated on the south side of London's Hyde Park in the Borough of Kensington.

Advice for Someone Considering London: Living in London is a worldly experience in itself. The city is large, open, and full of people from all around the world; this was something that appealed to me when I considered applying.

Communication Styles: British people are generally more reserved, sarcastic, deadpan, and non-confrontational, which is definitely a change from Americans, let alone Midwesterners. Getting used to the somewhat sterner atmosphere is definitely an adjustment, but it has a great payoff. British people have a great sense of humor if you can pick it up.



Meg with the Tower Bridge in the background.

“While it’s always initially intimidating, pushing yourself out of your comfort zone is incredibly rewarding.”

