What kind of activities would a typical day involve?
It was dependent on the location we were in at the time but it often consisted of meeting with people or organizations, eating together and experiencing the culture of the Ethiopian people, and at night our group would always reconvene for a debriefing and discussion of the day.

Describe what the academic and classroom experience (if any) was like on this program.
Prior to departure, there were many meetings to prepare the students for what we would be seeing, learning, and experiencing while we were in-country which is incredible because it helped to eliminate the culture shock and set the stage for the amazing three weeks we had. Additionally, once we were in Ethiopia we met with numerous individuals and organizations that devote their time and efforts to the biodiversity and health systems in Ethiopia, so we could hear firsthand what the status of these things are.

Describe where you lived. What was one thing you liked and one thing you didn't like about where you lived?
We stayed in a variety of settings but for the most part it was well-kept hotels and other-style living quarters. We were never without running water which was a plus. I wish we could have experienced a more traditional living situation at least for a night, however.

Do you think having participated in this program makes you more prepared for a career in public health?
100%!! This experience was more eye-opening than any other experience I've ever had.

What was one of the most memorable experiences from your time abroad?
“Getting to facilitate a workshop with middle and high school students where we examined the health in their community and feasible ways for them to improve the way they and others view and value health.”